

# 2020 Senior Farmers Market Nutrition Program

You've been provided six \$5.00 coupons from the State of Alaska Senior Farmers' Market Nutrition Program, also known as SFMNP. You can use these coupons to purchase Alaskan-grown fruits, vegetables, herbs and/or honey from authorized farmers, farmstands and farmers' markets only. A list of authorized farmers and their sales locations can be found online at <http://dhss.alaska.gov/dpa/Pages/nutri/fmnp/default.aspx> or by request.

## Important Information:

- It is illegal to receive more than \$30 in benefits in 2020.
- Coupons should be used to purchase only non-processed Alaska grown fruits, vegetables, & pre-cut herbs.
- You may also purchase Alaska produced honey.
- Coupons cannot be used at a grocery stores.
- Coupons cannot be replaced if lost, stolen or damaged.
- You can use multiple coupons in a single transaction.
- Farmers cannot give change so try and use the full value.
- Due to COVID-19, some farms and markets may be operating differently this year. Call the farmer or market before your visit if you have questions.
- If you have questions, comments, suggestions or would like to file a complaint, please contact your distribution agency or the State of Alaska WIC Program at (907) 465-3100 or via email at [wic@alaska.gov](mailto:wic@alaska.gov).



**Look for our signs to  
find authorized farmers.**

## IT IS SAFE TO VISIT A FARMERS MARKET

**1** GET IN & OUT  
AS QUICKLY  
AS POSSIBLE.

**2** PRE-ORDER  
IF POSSIBLE

**3** LEAVE PETS  
AT HOME

**4** WASH YOUR  
HANDS BEFORE  
AND AFTER  
YOU GET TO  
THE MARKET

**5** KEEP YOUR  
DISTANCE  
FROM OTHERS

**6** KNOW WHAT  
YOU WANT  
BEFORE YOU  
GET TO THE  
FRONT OF  
THE LINE

**7** YOU TOUCH IT.  
YOU BUY IT.

**8** DON'T EAT OR  
DRINK AT THE  
MARKET.

**9** HAVE YOUR  
COUPONS  
READY.

**10** BE PATIENT  
& THANKFUL

### Questions?

Call your distribution agency  
or (907) 465-3100

#THANKAFARMER